



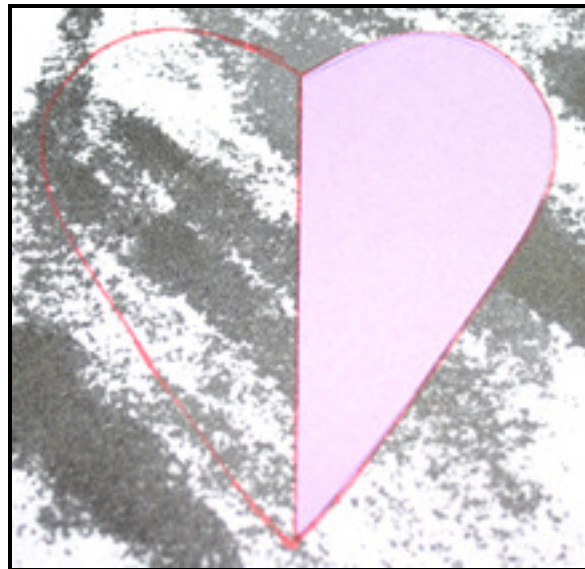
## Metallic Heart

Once you have created your base fabric from the information found in the Fusible Vilene tutorial you will be ready to make a finished item.

Here I will show you how to create this heart.



The easy way to make a perfectly symmetrical heart is to draw just half a heart shape on a piece of card to use as your template.



Place your prepared base fabric face down and draw around your template, then flip the card over and draw around the edge once more to complete the heart shape above. Repeat the process for the second heart and cut out both shapes .

Fold each heart in half with wrong sides together and press down along the fold with your finger.



Take the heart to the sewing machine and stitch a line along the creased fold as near to the edge as possible.



Now you have stitched both middle folds of the heart, this is the stage where you can add hand stitch, beading or wire to the surface.

Once you have embellished to your satisfaction, place your hearts wrong sides together and trim any uneven edges.



Machine stitch close to the outside edge.

As you reach the point where there is about a two inch gap, take some wadding and using small pieces at a time push gently into the opening.

You do not need to pack it tight; this is just to give a slightly padded effect. Now stitch the remainder of the seam.



If you prefer to hand stitch the edges together, a decorative blanket stitch will be just as effective.

You will notice there is a white edge on the heart where the reverse side of the base fabric shows through. I used a small paintbrush to paint the edge with black ink and allowed it to dry thoroughly.



For more techniques using Fibre in-Form Foil take a look at the Tutorials page on our website at:

[www.fibreinform.com](http://www.fibreinform.com)

All tutorials are available as .pdf files to download free.

For any further help or information you can contact us at: [info@fibreinform.com](mailto:info@fibreinform.com)

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